# The Nerve

A Weekly Newsletter of the Rotary Club of Tuscaloosa P.O. Box 2403, Tuscaloosa, AL 35403 www.Rotarytuscaloosa.com

Volume 98 — Issue 50 — June 14, 2016

Nerve Editor: Michael James



Service above self



**OFFICERS** 

**Susan Caples** 

President

**Alan Hartley** 

VP/President-Elect

**Caroline Williams** 

Secretary

Patricia Powe

Treasurer

**Chuck Turner** 

Past President

Frank Deaver

**Executive Director** 

**Chris McCune** 

Sergeant-at-Arms

#### BOARD OF DIRECTORS

Jim Drake

Membership

**Elizabeth Hartley** 

Communication

**Bruce Burrows** 

**Programs** 

**David Pass** 

**Projects** 

**Byron Abston** 

Community/Finance

*This Week — June 14, 2016* 

### **Kevin Coleman**

EW Motion Therapy



Physical therapist Kevin Coleman will speak on "Empowering Motion: Investing in a Healthier Lifestyle."

Kevin is a doctor of physical therapy and clinic director at EW Motion Therapy in Tuscaloosa.

He graduated from the University of Alabama with a bachelor's degree in exercise science, and earned a doctorate in physical therapy from Alabama State University.

His clinical interests include manual therapy for spinal dysfunction and

musculoskeletal injuries, and developing individualized therapeutic exercise programs designed to improve overall functional mobility and performance.

Kevin began his career with EW Motion Therapy in Birmingham in 2012, and recently relocated to Tuscaloosa. He has worked with individuals of varying abilities, from collegiate and professional athletes to senior adults. He enjoys attending athletic events at UA, resistance training and golf.



# UPCOMING PROGRAMS

JUNE 21
Bill Poole
State Representative

JUNE 28 Installation of Officers 2016-2017

## Last Week — June 7, 2016

Fellow Rotarian Bob Haver spoke to the club about automobile design. A longtime employee of Ford, Bob is very familiar with the process cars must go through to get approved for production, which includes numerous types of road tests and other assessments. He also spoke about government regulations on automobiles and how they impact the consumer, and some of the other issues facing the domestic auto industry.

#### At the head table

Rufus Lewis — Pledge of Allegiance – Retired

Charles Nash — Invocation – University of Alabama System

Linda Chambers — Introduction of Guests – Dave Ramsey financial counselor

Chris McCune — Introduction of Guest Speaker – State Farm

#### Guests

Pat Hermann, guest of Bob Haver; Kevin Reid, guest of Susan Caples; Adams Reilly, guest of Mike Reilly.

#### New Rotarians

Wade Drinkard (sponsored by Frank Deaver)



### June Birthdays

Happy birthday to our fellow Rotarians who celebrate birthdays in June: Joe Bedingfield, Mark Atkins, Katie Hancock, Loy Singleton, James Leitner, Mike Woodard and Billy Kirkpatrick.

#### Announcements

• The Centennial Committee is looking for someone to help out with some light graphic design work for the committee. If you possess these skills and are interested in volunteer, please see Rotarian David Pass.

- Rotary District 6860 clubs have the opportunity to attend a Birmingham Barons baseball game on June 19 at 3 p.m. Funds raised from this game will benefit Polio Plus. Please see flyers at future meetings for further information.
- The club will have a Rotary Social at Innisfree Irish Pub on Tuesday, June 21, beginning at 5:30 p.m. The event will include bar food and a limited open bar (until the tab runs out).
- You can now pay your Rotary dues via credit card. A \$6 fee will be added to your bill if you use this method. Please email Patricia Powe at PPPowe@ua.edu to set this up. Let her know if you would like to be billed annually instead of quarterly, as well.

#### ABSENT? MAKING UP ATTENDANCE IS EASY

- Visit with the Morning Rotary Club every Thursday at 7 a.m. at Indian Hills Country Club
- Attend another club's meeting within two weeks before or after an absence.
- Participate in a Rotary event, such as a committe meeting, social function, interactive event, etc.
  - Make up at E-club online: www.rotaryeclubone.org.

Report all makeups to club secretary Caroline Williams at caroline.williams@bbva.com.

