

The Nerve

A Weekly Newsletter of the Rotary Club of Tuscaloosa
P.O. Box 2403, Tuscaloosa, AL 35403
www.Rotarytuscaloosa.com
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Nerve Editor: Michael James



Service above self



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This Week — June 21, 2016

Rep. Bill Poole

Alabama House District 63



Rep. Bill Poole will give the club a summary of the recently completed session of the Alabama Legislature.

Poole was first elected to represent District 63 in the House of Representatives in 2010, and was re-elected without opposition in 2014. District 63 includes the University of Alabama, portions of the Tuscaloosa and Tuscaloosa County school districts and much of the city of Tuscaloosa.

After serving his first legislative session in 2011, Poole was identified by veteran lawmakers interviewed by the

Mobile Press-Register as the top member out of 34 new lawmakers in the House. Preceding the 2011 session, he was elected chairman of the Tuscaloosa County Legislation Committee and in 2013 was appointed chairman of the Ways and Means Education Committee.

Poole was raised in Dayton, a small town in Marengo County, and graduated from the University of Alabama and the UA School of Law. He has been a general practice attorney in Tuscaloosa since 2004.

Poole and his wife, Niccole, are the parents of Sally, William

UPCOMING PROGRAMS

JUNE 28

Installation of Officers
2016-2017

JULY 5
TBA

and Whittman Poole. The Pooles are members of First United Methodist Church in Tuscaloosa. He is involved in several community groups, including the Chamber of Commerce of West Alabama and the Boys and Girls Club of West Alabama.



Last Week — June 14, 2016

Kevin Coleman, a physical therapist and clinical director of EW Motion Therapy in Tuscaloosa, spoke to the club about how to prevent and recover from muscle-related injuries, and shared several exercises that people can do at home. Injuries often result from a sedentary lifestyle and he stressed the importance of stretching and being active. A complete physical therapy program consists of strength training, functional mobility and cardio.

At the head table

Mark Atkins — Pledge of Allegiance – Nucor Steel

Sandra Ray — Invocation – Hall-Ray Realty

Keren McElvy — Introduction of Guests – Rosen Harwood

Chris McCune — Introduction of Guest Speaker – State Farm

Guests

Pam Pierson, guest of Karen Baldwin; **David Hall**, guest of Pam Parker; **Bridget McCool**, **Katie McCool**, **Jeff McCool** and **Katie McCool** were guests of the club.



Announcements

- Congratulations to Katie McCool of Hillcrest High School, this year's Interact Scholarship recipient.
- The club will have a Rotary Social at Innisfree Irish Pub today, beginning at 5:30 p.m. The event will include bar food and a limited open bar (until the tab runs out).
- You can now pay your Rotary dues via credit card. A \$6 fee will be added to your bill if you use this method. Please email Patricia Powe at PPPowe@ua.edu to set this up. Let her know if you would like to be billed annually instead of quarterly, as well.

ABSENT? MAKING UP ATTENDANCE IS EASY

- Visit with the Morning Rotary Club every Thursday at 7 a.m. at Indian Hills Country Club
- Attend another club's meeting within two weeks before or after an absence.
- Participate in a Rotary event, such as a committee meeting, social function, interactive event, etc.
- Make up at E-club online: www.rotaryclubone.org.

Report all makeups to club secretary Caroline Williams at caroline.williams@bbva.com.



