

The Nerve



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This Week, March 6 The Healing Power of Fashion: Dr. Sue Parker and “Remnants of the Storm”



Nearly a year after Tuscaloosa's tornado, area residents continue to rebuild, to find new ways to reach out and to heal. This week Tuscaloosa Rotarians will hear of another important part of that ongoing work. Dr. Sue Parker will speak to the club on a project called “Remnants of the Storm.”

Dr. Parker's project offers high-quality hand-made items of clothing for sale at excellent prices, with proceeds and donations going to aid survivors of the storm.

And this week Rotarians will not only have an opportunity to hear Dr. Parker's presentation about the project, they will also have an opportunity to support it. She will be bringing multiple items to be displayed and made available for purchase. So bring your checkbooks!

Dr. Parker began her teaching career in 1970 at The University of Alabama in the Department of Clothing, Textiles and Interior Design. During her tenure at the University of Alabama she has taught a range of topics, ranging from entrepreneurship and fashion merchandising to Apparel Production.

Last Week, February 28 Bradford Health's Erin Hinz on Addiction: Costs, Consequences and Treatment



Last week, Rotarians learned more about the challenges of addiction, both for those who suffer from it and those charged with its treatment. Bradford Health's Erin Hinz spoke to the club. Rotarian Jimmy Mixson introduced the speaker.

Hinz began with an overview of some common myths about addiction. Defined by the medical profession as a chronic, progressive and often fatal disease, addiction cannot be beat by willpower alone. Like other diseases it must be treated through a variety of medical and therapeutic regimens.

What makes treatment difficult is that the disease is often so difficult to see, Hinz said. Approximately 70 percent of people who are using illegal drugs, for example, are fully employed, "functional" members of society. They can rarely be diagnosed or treated until the consequences of their addiction — financial, professional, legal and personal — outweigh the benefits of using.

Aggravating the difficulty of diagnosis is the popularity of new "synthetic" drugs, such as bath salts, that are in fact sold regularly in

stores, albeit under other names and labeled “not for human consumption.”

The good news is that Bradford and other treatment centers offer hope through treatment. Facing the realities of addiction, intervening and asking for help is the first and most important step.

Hinz was joined by her colleagues Chuck Wint, who has been with Bradford in Alabama for over eighteen years, and Julie Holden, a counselor who is coming on as Bradford’s new community outreach coordinator for West Alabama.

Bradford Health Services has been treating alcoholism and drug addiction in Alabama for more than 30 years. For more information visit www.Bradfordhealth.com.



Tuscaloosa Rosary Recognizes Another Paul Harris Fellow



Last Tuesday Rotarian Jim Thompson was recognized as a Paul Harris Fellow. The recognition is awarded to those Rotarians who contribute \$1,000 (or its multiples) to the Rotary Foundation. Among the important projects funded by those contributions is the Polio Plus project, which has nearly eradicated the disease around the globe. Our thanks to

Jim and to all Paul Harris Fellows for their generosity!



At the Head Table, February 28

John Owens is a native of Birmingham and has practiced law continuously in Tuscaloosa since 1967, when he founded Owens and Carver (now Owens & Millsaps). He is a 1961 graduate of the University of Alabama and graduated first in his class from the UA School of Law in 1967. He has served on a wide range of civic and professional boards over the years, including many years with Tuscaloosa Rotary, where he served as President 1983-84. John is married to Dorothy Terry. They have two children, (Rotarian) Appie Millsaps and Terry Owens Hurt. **Jimmy Mixson** is an Associate Professor of History at the University of Alabama. He has a BA in History from the University of Georgia and advanced degrees from the University of Notre Dame. He has been a member of Tuscaloosa Rotary since 2003 and currently serves on the Club board as Director of Communications. He and his wife Ashley have been married for 17 years. **Harry Shumaker** has been a member of Tuscaloosa Rotary for nearly two years. He is a 2008 graduate of UA and is a financial advisor with Merrill Lynch. Harry is a lifelong resident of Tuscaloosa and attended Tuscaloosa Academy. His father Jordan Plaster served as club president for 2009-10 and his great grandfather was a district governor. Harry is engaged and he and his fiancée Elizabeth plan to marry in August.

UPCOMING PROGRAMS

March 13

**Aileen
Henderson,
Alabama
Author**

March 20

**Rob
Henrikson,
Retired CEO
of MetLife
Insurance**

“If there is any one particular in which I would have Rotary distinguished from other organizations, it is in the quality of character which results in the doing of things.”

— Paul Harris

ABSENT? MAKING UP ATTENDANCE IS EASY...

- Visit with the Morning Rotary Club every Thursday at 7 AM at Indian Hills Country Club.
- Attend another club’s meeting within two weeks before or after an absence.
- Participate in a Rotary event, such as a committee meeting, social function, Interact event, etc.
- Make up at E-club online: www.rotaryclubone.org.

REPORT ALL MAKEUPS TO CLUB SECRETARY NANCY JONES AT
nancysjones@bellsouth.net