

The Nerve

A Weekly Newsletter of the Rotary Club of Tuscaloosa
P.O. Box 2403, Tuscaloosa, AL 35403
www.Rotarytuscaloosa.com
Volume 98 — Issue 32 — February 9, 2016
Nerve Editor: Michael James



Service above self



Be a gift to the world

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This Week — February 9, 2016
Osher Lifelong Learning Institute
University of Alabama



The Osher Lifelong Learning Institute at the University of Alabama is a membership program that is member planned and member managed. This academic cooperative provides mature adults with opportunities for intellectual stimulation, cultural development, and social interaction.

OLLI at UA educational programs are centered on courses developed by and often taught by its members, who volunteer their time and talents to share their knowledge and interests with other members. You'll find no homework, no exams, no required college degree, no age threshold (and no academic credits) — just learning for the pure joy of learning.

Research has shown that adults who stay active intellectually are also healthier and more socially balanced. There are other studies that state that keeping your brain busy helps fight off effects of age on memory and perception and may possibly slow the development of Alzheimer's disease and other forms of dementia.



UPCOMING PROGRAMS

FEBRUARY 16
DCH Cancer Center
Staff

FEBRUARY 23
Jeff Schultz
Tuscaloosa City Schools
Arts & Music Coordinator

MARCH 1
Shane Sharp
Dean, UA Honors College

Last Week — February 2, 2016

Stephen Rushin, assistant professor of law at the University of Alabama, spoke to the club about “the Ferguson Effect,” which predicts that public scrutiny and external regulation cause a reduction in police effectiveness and an increase in crime rates. In the past two years there has been a shift in how the public views law enforcement. Rushin is collaborating with a UAB professor to examine whether the Ferguson Effect is real. They have found that federal intervention in local police departments causes a temporary uptick in crime rates, but that over time it diminishes and rates actually seemed to decrease.

At the head table

Jerry Baggett — Pledge of Allegiance -- retired

Casey Johnson — Invocation -- DCH Foundation

Mark Crews — Introduction of Guests – Southern Company/Alabama Power

Bruce Burrows — Introduction of Guest Speaker -- Retired

Guests

Max Bonnin was a guest of Bill Lunsford.

The Rotary Foundation

Congratulations to the following Rotarians, who earned new Paul Harris Fellow recognition for their contributions to the Rotary Foundation: **Bruce Henderson** (Paul Harris Fellow +1); **Mark Nelson** (Paul Harris Fellow +2); **Mike Chambers** (Paul Harris Fellow +3); **John Owens** (Paul Harris Fellow +3). Rotary’s work around the world through District and Global grants would not be possible without the “Every Rotarian, Every Year” support of individual Rotarians.



Announcements

• Our Adopt-a-School partner, Northside High, is looking for volunteers to help with Reality Check, a financial literacy simulation event that will be held from 7:30 a.m.-1:30 p.m. Wednesday. The goal is for the students to understand the cost of living, the significance of budgeting and the correlation among education, career, salary and lifestyle. Adult volunteers are needed to work tables where students will purchase housing, transportation, insurance, retirement plan, groceries, student loan repayments, child care and the unexpected. Materials for those running the tables are provided, including a script. Anyone interested in any of the events above should contact Jane Jordan at 205-750-2716 or jane.jordan@regions.com.

ABSENT? MAKING UP ATTENDANCE IS EASY

- Visit with the Morning Rotary Club every Thursday at 7 a.m. at Indian Hills Country Club
- Attend another club's meeting within two weeks before or after an absence.
- Participate in a Rotary event, such as a committee meeting, social function, interactive event, etc.
- Make up at E-club online: www.rotaryclubone.org.

Report all makeups to club secretary Caroline Williams at caroline.williams@bbva.com.



