

The Nerve

A Weekly Newsletter of the Rotary Club of Tuscaloosa
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Nerve Editor: Michael James



Service above self



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This Week — March 22, 2016

Dr. Narayan Krishnamurthy

Comprehensive Sleep and Breathing Disorders Center



Dr. Narayan Krishnamurthy is a pulmonary and sleep medicine specialist, board certified by the American Board of Internal Medicine and the American Board of Sleep Medicine, and founder of the Comprehensive Sleep and Breathing Disorders Center in Tuscaloosa.

After graduating from Bangalore Medical College in India, he served in the Army Medical Corps and earned a postgraduate degree in chest medicine in Jaipur, India. He moved to the United Kingdom in

1984, where he trained in internal and pulmonary medicine, obtained MRCP certification from the Royal College of Physicians and was elected to their fellowship. In 1989, Dr. Krishnamurthy moved to Oklahoma City, where he underwent further advanced training in pulmonary, critical care and sleep medicine at Oklahoma University, earning ABIM certification in all three.

He went into private practice in Tuscaloosa and started a sleep lab for DCH Health System in 2005. He has been medical director of the sleep lab since its inception, and in 2012 founded the Comprehensive Sleep and Breathing Disorders Center. He is also medical director of the respiratory therapy program at Shelton State.

UPCOMING PROGRAMS

MARCH 29

Lydia Ellington
Gorgas House Museum

APRIL 5

Tim Parker III

APRIL 12

Deborah Boswell

In 2015, he joined the faculty at the UAB School of Medicine as an associate professor, while continuing in his other full-time commitments.

Dr. Krishnamurthy specializes in sleep disorders such as sleep apnea, insomnia, restless leg syndrome and narcolepsy, and in breathing disorders such as COPD, asthma and lung cancer.

He and his wife, Mangala, who is on the faculty of the University of Alabama Libraries, have been married for 36 years. They have two daughters, both physicians.



Announcements

- “Starting From Scratch,” the autobiography of Tualoosa native John Barfield, will be available for sale at today’s meeting. The cost of the book is \$27, with \$15 of that going to Rotary’s Polio Plus initiative.
- “Wine Down with Rotary” will be held this year on April 7. The event will run from 6-8 p.m. at the Dinah Washington Community Center in downtown Tuscaloosa. Tickets are \$50 each and proceeds will go to local and international Rotary programs.
- The club’s next Honor Flight will be May 11. The guardian fee for this flight will be \$600 and you can sponsor a veteran for a \$500 donation. Volunteers are also needed to assist with logistics prior to the flight. For more information, contact Jordan Plaster at james_plasterjr@ml.com or 205-759-9534; Becky York at rkyork@gmail.com or 205-399-2994; or Alan Hartley at ahartley@morrisonsmithcpa.com or 205-349-2424.

ABSENT? MAKING UP ATTENDANCE IS EASY

- Visit with the Morning Rotary Club every Thursday at 7 a.m. at Indian Hills Country Club
- Attend another club’s meeting within two weeks before or after an absence.
- Participate in a Rotary event, such as a committee meeting, social function, interactive event, etc.
- Make up at E-club online: www.rotaryclubone.org.

Report all makeups to club secretary Caroline Williams at caroline.williams@bbva.com.



