

# The Nerve



A Weekly Newsletter of the Rotary Club of Tuscaloosa

P.O. Box 2403, Tuscaloosa, AL 35403 — [www.Rotarytuscaloosa.com](http://www.Rotarytuscaloosa.com)

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Nerve Editor: Ryan Stallings

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## This Week, October 15, 2013 Dr. Howard Jones University Research Professor Emeritus American History



Dr. Jones will discuss the Kennedy administration's setting up an executive action program in the CIA within the first two days of the new presidency in January 1961, which established a framework for removing troublesome state leaders--including Castro first on the hit list. Also to be discussed is the program's implementation during the Bay of Pigs fiasco in which one of the hopes was to have Castro assassinated with the aid of the Mafia on the eve of

the invasion.

Dr. Jones Research Interests include

- U.S. Foreign Relations from the 18th-Century to the Present.

Dr. Jones Recent Publications include:

- Blue and Gray Diplomacy: A History of Union and Confederate Foreign Relations, a volume in the "Littlefield History of the Civil War" series (Chapel Hill, NC: The University of North Carolina Press, 2010).

- Lincoln Prize, Honorable Mention (2010)

- The Bay of Pigs, a volume in the "Pivotal Moments in American History" series (New York: Oxford University Press, 2008).

- A Selection of:

- The Book-of-the-Month Club

- Crucible of Power: A History of American Foreign Relations since 1945 (Lanham, MD: Rowman and Littlefield, 2009).

- Winner of the Phi Alpha Theta Book Award.

- Nominated for a Pulitzer Prize

## Last Week, October 8<sup>th</sup>, 2013

### David Platt of BCBS of Alabama

Our Speaker, David Platt of BCBS of Alabama spoke on a variety of different aspects of the new Affordable Healthcare Act. Premiums will be affected beginning January 2014 for differences between fully insured vs. Self Insured. Employers must provide essential health benefits according to Alabama law. The mandate is that employers with more than 50 employees MUST offer a plan, and it must be affordable (cannot cost more than 1.5% of employees pay) or pay a fine of \$3K per employee. Not offering insurance is not an option! If one employee were to go to the exchange and buy separately the employer would still have to pay the penalty. There will be a subsidy for families that are up to 400% of the National Poverty Level.

If you want further information you can go to the website to get more help in understanding at: <http://www.hcralabamablue.com> and you are also welcome to call. The things you should know about the Healthcare Reform Act are:

- That it is a "guaranteed issue" policy that does not exclude pre-existing conditions.
- The plan design changes to meet benefit and actuarial value requirements.
- There is no gender rating
- Child only policies are available
- One time open enrollment annually after the first year
- Age rating limited to 3:1
- 90 Day Grace period on payments
- It is a member level rating – in other words no more flat rates per family. (This could be positive for a small family, but higher payments for large families.)

NOTE: The only other insurance competitor with BCBSAL is only offering coverage in three counties of the state.

Not having coverage is no longer an option. Employees must either carry insurance that is offered by their employer or buy their own through the exchange – by proving that they are not offered affordable insurance through their employer.



### Announcements:

- Happy Hour Wed at New Dinah Washington Center Downtown! All Club members are invited to a casual Happy Hour this Wednesday, October 16, 5-6:30 at the Dinah Washington Cultural Arts Center, 620 Greensboro Avenue in downtown Tuscaloosa. You will have an

opportunity see the theatre/workshop space named in honor of our Rotary Club and to hear about the Tuscaloosa Rotary Memorial Foundation's new fund drive, benefitting the Dinah Washington project and the Salvation Army. Look forward to seeing you there!

- Saturday 10/19 we will have a Rotary Tailgate on the Quad for the Arkansas game, co-sponsored by James Leitner and Southland Benefit Solutions. The fun begins at 2:30 – look for more information including maps next week.
- Rotary Club of Tuscaloosa has received a \$4K grant that it will use to donate books for the Literacy Program. Mitchell Loper will have more information soon. JG Brazil informed the club that we received the maximum \$4k because of our excellent support of Rotary International. All Rotarians are encouraged to continue to follow the guideline "Every Rotarian, Every Year" and please continue to make an annual donation to RI.
- Make-ups for attendance of other meetings or work at home will go to Kellee Reinhart.
- October Birthdays. John Snider (10/1), Joe Wheeler (10/3), Clark Swail (10/3), Patricia Parnell (10/6), Chris McCune (10/8), Anthony Holloman (1/10), Byron Heifner (10/13), John Wise (10/14), Brett LaFerrera (10/16), Jeff Mitchell (10/17), Molly Baldwin (10/17), Michael James (10/17), Sara Barger (10/18), Ted Turner (10/18), Lewis Fitts (10/20), Joe B. Duckworth (10/21), Carolyn Dahl (10/24), Robert Helms (10/24), Chuck Turner (10/28), Glenda Guyton (10/29), Samory Pruitt (10/29), Bobby Ingram (10/29), Joe May (10/29), Dara Longgear (10/30). Remember there will be a birthday table the first Tuesday of each month for Rotarians with birthdays that month to sit and enjoy.
- New Paul Harris Fellows - Sharon McLean was named a Paul Harris Fellow by her husband, Jim McLean. Also, Rodney Landreth was recognized as a new Paul Harris Fellow. Congratulations and Thanks from the Trustees of the Foundation.



### **New from the Rotary International Foundation:**

Four new Paul Harris Fellow medallions are available for \$10.00 each from Club Foundation chairman, J.G.Brazil. Regular price is \$15.00 if ordered. Proceeds will be donated from the Rotary Club to The Foundation for PolioPlus.

In years past when a Rotarian reached Paul Harris Fellow level of contributions, the Rotarian was awarded a certificate, pin and medallion. About two years ago the Foundation ceased to award the medallion as part of the Paul Harris Fellow recognition. Medallions can now be purchased from Rotary International for \$15.00 each. Medallions are rarely if ever worn, but may be included along with the Certificate for framing purposes and the resulting product makes for an attractive visual remembrance of this worthy achievement.



### **Guests at the October 8<sup>th</sup> Meeting included:**

**Elaine Farabee** (guest of Ray Farabee), Retired; **Noel Carden** (guest of the Club) Chief Actuary/VP of Finance for BCBS of Alabama; **Archie Abrams** (guest of the Club) Legal Counsel for BCBS of Alabama; **Sharon McLean** (guest of Jim McLean) Retired; **Wayne Reed** (guest of Linda Wilson) Family Counselor Heritage Chapel; **Kelley Miller** ( guest of Ryan Stallings) First South Farm Credit; **Narayan Crishna Murphy** (guest of Omar Smith) MD Pulmonary Specialist; **Charlotte Lewis** (guest of Warner Johnson) Development Officer YMCA; **John Chapman** (guest of Scott McClanahan) Financial Advisor; **Jonathan Guin** (guest of the Club) Attorney; **Rob Herndon** (guest of Susan Caples) Financial Advisor; **Eric Ellis** (guest of Karis Lamb Wilson) Advantage Realty.



### **At the Head Table October 8<sup>th</sup>, 2013**

**Charlie Durham** (Invocation), **Bill Jessup** (Pledge), **Rob Moore** (guest intro)  
**Sammy Watson** (Speaker Intro)

## UPCOMING PROGRAMS

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**October 29<sup>th</sup> Mark  
Heinrich  
Chancellor  
Alabama  
Community  
College System**

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**November 5<sup>th</sup>  
John Covington  
Author**

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“If there is any one particular in which I would have Rotary distinguished from other organizations, it is in the quality of character which results in the doing of things.”

— Paul Harris

## ABSENT? MAKING UP ATTENDANCE IS EASY...

- Visit with the Morning Rotary Club every Thursday at 7 AM at Indian Hills Country Club.
- Attend another club’s meeting within two weeks before or after an absence.
- Participate in a Rotary event, such as a committee meeting, social function, Interact event, etc.
- Make up at E-club online: [www.rotaryclubone.org](http://www.rotaryclubone.org).

REPORT ALL MAKEUPS TO CLUB SECRETARY NANCY JONES